

## **Homeopathic treatment for chronic disease: a 6-year, university-hospital outpatient observational study.**

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### **Abstract**

#### **OBJECTIVE:**

The aim of this study was to assess health changes seen in routine homeopathic care for patients with a wide range of chronic conditions who were referred to a hospital outpatient department.

#### **DESIGN:**

This was an observational study of 6544 consecutive follow-up patients during a 6-year period.

#### **SETTING:**

Hospital outpatient unit within an acute National Health Service (NHS) Teaching Trust in the United Kingdom.

#### **PARTICIPANTS:**

Every patient attending the hospital outpatient unit for a follow-up appointment over the study period was included, commencing with their first follow-up attendance.

#### **MAIN OUTCOME MEASURE:**

Outcomes were based on scores on a 7-point Likert-type scale at the end of the consultation and were assessed as overall outcomes compared to the initial baseline assessments.

#### **RESULTS:**

A total of 6544 consecutive follow-up patients were given outcome scores. Of the patients 70.7% (n = 4627) reported positive health changes, with 50.7% (n = 3318) recording their improvement as better (+2) or much better (+3).

#### **CONCLUSIONS:**

Homeopathic intervention offered positive health changes to a substantial proportion of a large cohort of patients with a wide range of chronic diseases. Additional observational research, including studies using different designs, is necessary for further research development in homeopathy.